**Welcome to the International Foods Unit Name:**

Please click on the following websites and answer the question sheet provided:

<http://www.examiner.com/article/mexican-food-history-authentic-dishes-are-over-600-years-old>

1. Who were the first inhabitants of Mexico?

2a. What plentiful ingredient did the Aztecs pound into flat bread?

2b. What are these flat breads called today?

3. What are tamales?

4. Aztecs also used what 2 other ingredients abundantly?

5. What was the name of the fruit that was high in fat that the Aztecs used? Why was this fruit important to their diet?

6. What food were the Aztecs most passionate about?

8. List the 6 main foods that the conquistadors brought over from Europe?

9. Why are there so many diverse styles of cooking in Mexico?

10. The Baja California region has coastline on both sides. What is abundant in this region?

11. What is ceviche? Research this on another website

12. In the Yucatan peninsula, there is some of the most diverse food in the country. List 3 different inhabitants in this region which have made the Yucatan so diverse.

13. List 3 other regions in Mexico and provide one food specific to that region.

**You discover and add pictures...just pictures**

**Google these specific terms and click images**

Avocado tree and avocado orchard

Cocoa plant in Mexico

Churros how to make

Chiles rellenos

Enchiladas

Tamales

Guanabana (just pic but what is it?)

Baja California Mexico

Yucatan Peninsula

Central Mexico

Northern Mexico

Southern Mexico

Tortilla press

Village life Mexico

coffee plantation in Mexico

Mexico city

Please look at this video on Fair-trade coffee <http://www.youtube.com/watch?v=J1QEfQaavJU>